

Sanjeev Dahal, MFamily, MSW

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**Career Goal: To contribute to the development of social work education, practice and research with a focus on children and families**

### AREAS OF INTEREST

- ✓ Academic instruction and facilitation
- ✓ Research on issues related to family and children, particularly, child protection and juvenile justice
- ✓ Research on migration, families and associated changes

### EDUCATION

2018-now	Ph.D. in Social Work. Boston College, USA (expected completion in August, 2022)
2014-2016	Erasmus Mundus European Masters in Social Work with Families and Children (MFamily) University Institute of Lisbon-Portugal, University of Gothenburg-Sweden, University of Stavanger-Norway and Makerere University-Uganda (Joint Program) Major: Social Work Practice with Families and Children
2008-2010	MA in Social Work (MSW) Tata Institute of Social Sciences, India Major: Community Organization and Development Practice
2005-2008	BA in Social Work (BSW) St. Xavier's College, Nepal Major: Social Work Methods

### AWARDS AND SCHOLARSHIPS

2014	Civil Society Scholar Awards 2014 by Open Society Institute, USA
2014	Erasmus Mundus Scholarship from European Commission to pursue MFamily
2012	Group Study Exchange Scholarship from The Rotary Foundation
2011	Nepal Vidhya Bhusan "Kha" (Educational excellence award) from the President of Nepal for highest score in the University at the MA in Social Work program at TISS, Mumbai
2010	Best Student in MA in Social Work, 2010 graduates at Tata Institute of Social Sciences [TISS] Mumbai, India (TISS is a deemed University)
2010	National Thermal Power Corporation Gold Medal for the highest scoring student in MA in Social Work at TISS, Mumbai
2010	Best Student in Community Organization and Development Practice in Masters in Social Work at TISS, Mumbai
2008	Most Outstanding Student Award at St. Xavier's College (Bachelor of Social Work-Kathmandu University)

### EMPLOYMENT HISTORY

2018 Jan-Aug	Associate Director & Head, Public Relations, Thames International College, Kathmandu
2017 Jan-Dec	Director of Operations, Nepal Orphans Home, Dhapasi

2016 Sep- Dec	Director of Education and Outreach Programs, Nepal Orphans Home, Dhapasi
2016 Nov-2018 Aug	Adjunct Faculty, School of Social Sciences, Thames International College
2012-2014	Associate Director & Head, Office of Student Affairs, Thames International College, Kathmandu
2011-2012	Coordinator, Department of Social Sciences, Thames International College
2010-2011	Faculty, Department of Social Work, Kadambari Memorial College, Kathmandu

### CURRENT PROFESSIONAL ENGAGEMENTS

Consultant	Quality Assurance and Accreditation, Thames International College, Kathmandu
Executive Member	Social Workers' Association Nepal (SWAN)
Advisor	Canopy Nepal; Rotaract Club of Dillibazar-KTM
Life Member	Molung Foundation; Richa Bajimaya Memorial Foundation

### PUBLICATIONS

- Dahal, S. (In press). Changing perceptions and practices of gender among Nepalese in Portugal. In *Families and Children in a Global World*. Mundos Sociais Editora, CIES, ISCTE-IUL.
- Pallamar, A. A. & **Dahal, S.** (2021). Culture and social work. In Tran, T. & Chan, K. (Eds.), *Applied Cross-Cultural Data Analysis for Social Work*. Newgen KnowledgeWorks Pvt Ltd.
- Devkota, C. & **\*Dahal, S.** (2021). Linked lives: Exploring the narratives of second-generation migrants in Nepal. *Molung Educational Frontier, 11*, 1-25.
- Pereira, C., Perreira, A., Budal, A., **Dahal, S.** et al. (2021). "If You Don't Emigrate, You're No One": Aspirations, experiences and migration networks of the Nepalese in agriculture in Portugal. *Journal of Rural Studies*. <https://doi.org/10.1016/j.jrurstud.2021.04.019>
- \*Dahal, S.** & Kumar, P. (2021). Determinants of age of motherhood for women in Nepal; Analysis of data from national demographic health survey 2016: Implications for policies and programs. *The International Journal of Community and Social Development, 3*(2), 145-160. <https://doi.org/10.1177/25166026211015485>
- Rao, S., **Dahal, S.**, Hadingham, S., & Kumar, P. (2020). Dissemination challenges of liquefied petroleum gas in rural India: Perspectives from the field. *Sustainability, 12*(6), 2327. <https://doi.org/10.3390/su12062327>
- Dahal, S. (2018). Re-envisioning development governance in Nepal: Exploring collaboration between development organizations and local levels. *Molung Educational Frontier, 8*, 91-99.
- Dahal, S. (2017). Effects of migration on perception and practice of gender among Nepalese in Portugal. *Molung Educational Frontier, 6*, 142-151.
- Dahal, S. (2016). Nepal earthquake 2015: Vantage point for nationbuilding. In P. Jaiswal. (Ed.), *Understanding Nepal in Contemporary Times*. Synergy Books.

Dahal, S. (2011). Balnyayama kamajik Karyaka kidhiharu [Social work methods for juvenile justice practitioners]. In R. Thapa, S. Basnet, & B.R. Nikku. (Eds.), *Bal nyaya ra samajik karya: Srot pustak [Juvenile justice and social work: A source book]*. Central Child Welfare Board, Government of Nepal.

Op-ed articles in national weekly *Annapurna Express*: Nepal's Teachers Should Stop Teaching (2020); Nepal and coronavirus: Dealing with children during lockdown (2020); Cultivating Compassion (2020); Creating inclusive spaces in Nepal (2020); Engage rather than inform, Reducing mental load & Education in the time of corona (2020- joint articles with Roshani Dhamala); School Shock & Helmet Teaching Alert (2019- joint articles with Roshani Dhamala); Vulnerable classrooms (2019); Students as partners (2019); Cultivating sensitivity (2019); Politics is my cup of tea (2019); Black coffee in Boston (2018); Have Anxiety? No Worries (2018)

Op-ed articles in national daily *My Republica*: Many Struggles (2017-joint article with Alexandra Pereira); Young and helping (2017); Embracing Feminism (2016); The wronged sex (2016); Mind your words (2015); Know Them (2015)

Op-ed articles in national daily *The Kathmandu Post*: Learning it right (2016); Careful Reservations Please (2016); Understanding Emotions (2016)

#### **CONFERENCES AND RESEARCHES**

- 2021 *Experiences of International PhD students under the COVID-19 lockdown: Social closeness in physical distancing times can be an effective stress antidote* [Presentation]. Pandemics, poverty and inequality: Social work in the 21<sup>st</sup> century, online.
- 2021 *Experiences of Children of First-Generation Migrants in Nepal* [Presentation]. CESLAM Kathmandu Migration Conference 2021, Nepal
- 2021 *Experiences of International PhD students under the COVID-19 lockdown: Social closeness in physical distancing times can be an effective stress antidote* [Presentation]. 3<sup>rd</sup> International Conference on Future of Social Sciences, Berlin, Germany
- 2019 *Migration as a catalyst of change in gender relations: A case of the Nepalese in Portugal* [Presentation]. EMMIR Conference, Oldenburg, Germany
- 2018 *Nepalese (ir)regular immigrants in agriculture in Portugal: Profiles, experiences and networks* [Presentation]. International Seminar on Migration and Labor Exploitation of Nepalese in Agriculture in Portugal, Lisbon, Portugal
- 2016 *Perception and Practice of Gender among Nepalese in Portugal. A Male Perspective* [Presentation]. Second International Seminar on Families and Children in a Global World, Lisbon, Portugal
- 2016 Perception and Practice of Gender among Nepalese in Portugal. A Male Perspective, Thesis conducted as part of MFamily degree
- 2011 Separation: Denial of Rights (A Study on the Issue of Children Living Without Parental Care in Nepal)

#### **OTHER ENGAGEMENTS WITH SOCIAL WORK PROFESSION IN NEPAL**

- 2021 Facilitator, Refresher's Training of Social Workers in Juvenile Justice organized by Central Child Justice Committee, Government of Nepal

- 2019 Facilitator, Training of Social Workers in Juvenile Justice organized by National Judicial Academy, Government of Nepal
- 2016 Facilitator, Training of Social Workers in Juvenile Justice organized by Juvenile Justice Coordination Committee (JJCC), Government of Nepal
- 2014 Facilitator, Training of Social Workers in Juvenile Justice organized by JJCC, Government of Nepal
- 2013 Coordinator and facilitator, Training of Social Workers in Juvenile Justice organized by JJCC, Government of Nepal
- 2012 Core team member, Syllabus Development Committee for MSW for Mid-Western University, Nepal
- 2012 Coordinator, Social Work Department at International Centre for Academics, Nepal
- 2012 Representative, Social Work educator, Group Study Exchange Program to Seattle, USA
- 2010 Faculty, Post Graduate Diploma in Social Work organized by St. Xavier's College, Nepal

### **INVITED TALKS AND PRESENTATIONS**

- 2019 *The challenges of Social Work education and practice in Nepal*. Guest Lecture at Thames International College, Kathmandu.
- 2018 *Entering into the helping profession: Understanding Social Work*. Trainer at Orientation of Social Work students at National Integrated College, Kathmandu
- 2017 *Listening to your dreams*. Talk program for adolescents in scholarship at Maiti Nepal.
- 2016 *Bridging the Gap between Teachers and Students*. Trainer at Teacher's Training Program by We inspire Nepal, supported by UNESCO
- 2014 *Synergy between theory and practice in Social Work*. Trainer at Orientation of Social Work students at National Integrated College, Kathmandu
- 2013 *Understanding the Profession of Social Work*. Trainer at Orientation of Social Work students at Nepal Mega College
- 2012 *Volunteerism and Social Work*. Presenter at Training on Volunteerism organized by the Rotary and Rotaract Club of Dillibazar-Kathmandu
- 2012 *Social Workers in Promoting Social and Economic Equalities*. Speaker on World Social Work Day Celebrations at Nepal School of Social Work
- 2012 *Role of Social Workers in a Post Conflict Society*. Presenter at Seminar on Social Work Issues organized by Triton International College, Kathmandu
- 2011 *Social Work Education in Nepal*. Professional Talk at Rotaract Club of Dillibazar-Kathmandu
- 2011 *Building effective leadership*. Presenter at Training of Elixir Club members organized by Richa Bajimaya Memorial Foundation
- 2010 *Understanding the Methods of Social Work for Practice*. Lecture for Course on Volunteerism, Civic Skills and Social Work course run by CCS Italy NCO & Nepal School of Social Work

### **LANGUAGE PROFICIENCY**

Excellent command of both Nepali and English language; have emceed more than 50 National and International events in both languages and worked as a translator at many occasions.

**FIELD EXPOSURE VISITS**

- 2015 Child Protection Services, Stavanger, Norway; Kirkensbymisjon (Church City Mission), Stavanger, Norway; Krisesenteret I Stavanger (Shelter for Abused Women, Men and Children), Norway
- 2014 Casa Pia, Portugal; Associação de Reformados e Idosas da Freguesia de Amora (Old Age Home), Portugal; Eu amo Santo António dos Cavaleiros (After School Child Engagement Center), Portugal

**FIELD ENGAGEMENTS**

- 2015 Caritas Angered, Goteborg, Sweden  
(Conducted research on promoting intercultural competence of Caritas Workers)
- 2010 Society for Rural, Urban and Tribal Initiatives, Delhi, India  
(Mobilized the slum dwellers for forming an organization to work in their issues effectively; carried out socio-economic survey of the slums)
- 2010 Society for Social Transformation and Environment Protection, Guwahati, Assam  
(Helped in organization development: making organization profile, making brochure, making finance manual, documentation training for the staff)
- 2008-2009 Child Rights and You, Mumbai, India  
(Facilitated the formation of Child Clubs, worked to strengthen the Children's Education Program, Trained Community Volunteers on skills in working with community)
- 2007-2008 World Vision International Nepal, Bhaktapur, Nepal  
(Carried out a survey of the public schools in Bhaktapur; helped in the Child Sponsorship Project)
- 2006-2007 National Kidney Centre, Balaju, Nepal  
(Conducted a comparative study of the kidney-related services provided in the hospitals in Kathmandu; a socio-economic survey of the patients with kidney-related diseases; conducted awareness programs on the issue)
- 2005-2006 Share and Care Nepal, Pharping, Nepal  
(Facilitated formation of micro-credit and self-help groups, conducted workshops for the adolescent girls' groups, organized health camp, helped to establish a community library)

Sanjeev Dahal

Signed: October, 2021